



**Champlain Valley Area Health Education Center**

Health Careers Exploration

**Shadow Day**



## SHADOW DAY INFORMATION SHEET

*APRIL 24, 2014*

### WHAT IS HEALTH CAREERS EXPLORATION SHADOW DAY?

Shadow Day is a one-day educational program held at a local hospital that provides high school students in grades 10 through 12 the opportunity to explore the health care field. Students will receive confidentiality and infection control training, one job shadow, interactive presentations by health care professionals on health care topics or careers, and a presentation on preparing for college.

### WHO SHOULD APPLY?

Vermont Chittenden County High School students who are:

- Currently in 10<sup>th</sup>- 12<sup>th</sup> grades
- Available to attend the entire program (usually 7:45 a.m.-3:30 p.m.)
- Interested in problem-solving, using the newest technologies, and relating to people
- Concerned about today's health issues
- Interested in learning more about a number of different health careers
- Interested in strengthening skills and resources for career development

### PARTICIPANTS WILL . . .

- Develop comfort in a health care environment
- Interact and connect with various health care professionals
- Get an in-depth view of what it's like to be a health care professional through one job shadow experience
- Explore and strengthen skills and resources for health career development

### COST

- A \$25 non-refundable fee is due upon acceptance (please contact Champlain Valley AHEC if the \$25 would cause financial hardship)
- Lunch and snacks will be provided
- Students are responsible for transportation to and from the program

### ADMISSION TO THE PROGRAM

- Students must submit an application and one recommendation form by March 21, 2014. **Applications received after March 21, 2014 will not be considered.** All materials submitted must be typed.
- We have limited space available.
- A committee of program staff at Champlain Valley AHEC will review the applications and choose the students best suited for the program.
- **Notification of acceptance will go out through e-mail by April 4, 2014.**
- Applications are available at [www.cvahec.org](http://www.cvahec.org)

### SPONSORING ORGANIZATIONS

*Shadow Day* is presented by Champlain Valley AHEC in partnership with Fletcher Allen Health Care, the Freeman Medical Scholars Program, the Health Resources and Services Administration (HRSA), the University of Vermont (UVM), the UVM Office of Primary Care and AHEC Program, the Vermont Department of Health, the Vermont Student Assistance Corporation (VSAC), and the Vermont Community Foundation.