



Coach Education Program

Concussion in Sports

What You Need to Know

Available at www.nfhslearn.com

- Available at no cost to users
- Accessed 24/7/365 at www.nfhslearn.com
- Unlimited access for one year
- Complete in twenty (20) minutes
- Verify user completion using the "Coach Search" feature at www.nfhslearn.com
- Printable resources for coaches and parents provided by the Center for Disease Control (CDC) and the National Federation of State High School Associations (NFHS).

Courses currently available
at www.nfhslearn.com:

CORE COURSES

Fundamentals of Coaching
First Aid for Coaches

SPORT-SPECIFIC COURSES

Soccer (NSCAA)
Wrestling (NWCA)
Football (USAF)
Volleyball (USAV)
Spirit Safety (AACCA)
Softball (ASA/USAS)

ELECTIVE COURSES

Effectively Engaging with Parents
Teaching & Modeling Behavior
Teaching Sports Skills
NCAA Eligibility

Course Objectives:

- Educate coaches, parents, officials, and students about concussions
- Identify the signs and symptoms of concussions
- Understand the problems associated with concussions
- Explain the actions to take when a concussion is suspected
- Identify responsibilities of coaches, parents, officials, and students



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