CVU ANNOUNCEMENTS
Tuesday, October 20, 2020
NATIONAL YOUTH CONFIDENCE DAY

Birthdays: Ava Bouchard, Kelsey Davidson & Ella Kenney

Menu: Cheeseburger served with Creamy Cole Slaw
       Vegetarian Beyond Burger served with Cole Slaw
       BBQ Chicken Panini with Cole Slaw
       Lemon Chick Pea & Quinoa Salad with dinner roll

Activities: Community Skills Playlist
            4:00      Boys V/JV Soccer vs. Burlington at CVU
            4:00      Boys JVB Soccer at South Burlington; dismiss 2:30

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UPCOMING IMPORTANT DATES:

10/23        Senior Photos due for Yearbook
10/30        Seniors: Cap & gown online order due
11/2         Lifetouch Picture Retake Day
11/3         Election Day – No school
11/4         Copy of driver’s permit due for 2nd semester Driver’s Ed
11/6         Lifetouch Picture Retake Day

NEWS:

• Worried about the planet? So is EnACT! CVU’s Environmental Action Club is hosting our first in-person meeting of the year for Cohort A on Monday, October 19th right after school in rooms 204-206. Cohort B will meet Thursday, October 22nd right after school in the same place. We’d love for you to be involved! For more information, please contact EnACT advisor Katie Antos-Ketcham.

• Do you want to learn how to make your money work for you? Are you interested in finance but don’t know how to pursue it as a career? Would you like to compete in nationwide investment competitions? The CVU Investment Club has something for everyone. On Tuesdays (for cohort 1) and Thursdays (for cohort 2) the club will be meeting from 3-3:30 IN PERSON in Room 230. Everyone is welcome and experience isn’t necessary! Email Mr. Schock if you have any questions, or just show up to the meetings.

• Seniors are invited to CVU’s Trucks & Tunes event on Wednesday, October 21st at Isham Farm. The event will run from 4:30-6:30 with one group of students in the first hour and then a second group of students in the second hour. Sign up for your slot here. Each student will be given a ticket which can be used for up to $10 of food at one of the food trucks. The band Moxie will be performing during the event. They’ll be a bonfire as well. Masks and Social Distancing will be maintained throughout the event. If you have questions, email Peter Booth.

• Concert on Wednesday 10/21: The music program is happy to present a live performance outdoors on the faculty parking lot (weather permitting!). Due to crowd limits, only immediate family members of the

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performers will be in attendance, but our friends at Darkstar are live-streaming the event for any who wish to see it. Shortly before 6:30PM on the 21st, you can access the concert at this link.

- **Nordic Skiers:** Check out the team’s webpage to sign up for the team and info on equipment.

- **The Riell Deal:** Your CVU school store is now open for apparel sales by appointment only 8:30am-4:30pm daily. Email Sue King to set up a time to purchase your CVU swag.

**DIRECTION CENTER:**

**Attention All Students:** We will be scheduling second semester Driver’s Ed starting the 5th of November. If you want to be considered for semester 2, you need to get a copy of your permit to Karen Archer by the end of the day on Wednesday, November 4th. You can bring your permit to the Direction Center and Karen will make a copy OR you can email a picture of your permit to Karen. Again, all permits must be in by November 4th. Students will be added to Driver's Ed classes by birth date, oldest to youngest. House counselors will notify their students if they get a spot in a second semester class.

**Seniors:** There are 12 virtual college rep visits this week (links below). All of these visits run from 5:30 – 6:15 pm. Make sure you start the sign in process 10 minutes early (or more) as some require registration first. You must sign in with your CVU email. If you need help, do not hesitate to contact your house counselor or Karen in the Direction Center. Visits for this week:

**Tuesday, October 20th**
- Lesley College
- Johnson & Wales University, Providence
- Villanova University

**Wednesday, October 21st**
- Saint Joseph’s College of Maine
- Salve Regina University
- Northern Vermont University - Johnson

**Thursday, October 22nd**
- College of Charleston
- Marist College
- Massachusetts Maritime Academy

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**DID YOU KNOW?**

**Confidence Quotes**

“The real difficulty is to overcome how you think about yourself.” – Maya Angelou

“If you hear a voice within you say 'you cannot paint,' then by all means paint, and that voice will be silenced.”
– Vincent van Gogh

“Never bend your head. Always hold it high. Look the world straight in the face.” – Helen Keller

“Confidence is courage at ease.” – Daniel Maher

**Link to CVU Food Shelf Form**