

CVU ANNOUNCEMENTS
Tuesday, November 13, 2018
Red Day

Birthdays: Sabina Brochu, Bay Foley-Cox, Angela Fortin, Ryan Wetmore

Menu: **Café for a Cause** – sales donated to Humane Society of Chittenden County
Pesto cheese tortellini, Domino's pizza and many more favorites
Buy raffle tickets for great prizes including a Fitbit Charge 2

Activities: Think Tank field trip all day to Hotel Vermont (Rinkema)
Indoor Track Club info meeting (see below)

-
- **For those students who are participating in Winter sports**, please make sure you are registered in Form Releaf. If you want to add a winter sport to your current registration, stop in the Main Office and see Debbie. Also, you must have a current well exam to participate. You can also check with Debbie to see if your exam is current. This needs to be done before November 26 which is when tryouts begin.
 - **The CVU MOUNTAIN BIKE CLUB** is having a meeting today in Rm. 124 from 3:00-3:15 (you will catch your bus in time). RSVP to Jess Barnum (jbarnum@cvsdvt.org) and John Wulff (jwulff@cvsdvt.org). We will reflect on our fall rides/races, plan for fat biking this winter and other brainstorm other club ideas. Snacks provided! New riders are welcome to join anytime during the year!
 - **Hello CVU! Indoor Track Club** – There will be an info meeting today at callback (3-3:15) in room 005 (by Fitness center) for anyone interested in participating in Indoor Track Club. This meeting is not required to participate, but we recommended that you attend! If you are interested, please make sure to register on Form ReLeaf and have a current physical, in order to participate. If you have any questions please contact: Elise Seraus (Community Advisor) elise.d.seraus@gmail.com
Elena Crites (Captain)
elenacrites@cvsdvt.org
Parker Soares (Captain)
parkersoares@cvsdvt.org
Kyle Bergeron (Captain)
kylebergeron@cvsdvt.org
Dylan Gooley (Captain)
dylangooley@cvsdvt.org
 - **The 2019 CVU Spring Theatre Production will be THE LARAMIE PROJECT** (A theatrical collage that explores the depths to which humanity can sink & the compassionate heights to which we can climb). If you are interested in auditioning, or just finding out more about this production and how you can get involved, please plan to attend the info meeting – Wednesday 12/5 from 3:15-4:30 in the theatre. (This will be a mandatory meeting if you are considering auditioning). Auditions will be Wednesday 12/12 and performances are March 15, 16, 17. This production contains MATURE THEMES. In 1998, a 21 year old student was kidnapped, beaten and left for dead...for being gay. His name was Matthew Shepard. The place was Laramie Wyoming. THE LARAMIE PROJECT explores the aftermath of this event.
 - **WINTER Sports “Meet the Coaches Night”** - The “Meet the Coaches Night” for all WINTER sports is Wednesday, 11/14 at 6pm in the main gym. This is a REQUIRED meeting for ALL athletes (and at least one parent) planning on trying out/playing a WINTER sport. The meeting will begin with an overview of the athletic department philosophy and protocols presented by Dan Shepardson, CVU AD, and then there will be “breakout” meetings for the individual sports. Any questions, contact Dan Shepardson: dshepardson@cvsdvt.org

- **Hello, my name is Sophie Roy and I am a senior at CVUHS.** For my graduation challenge I am hosting a meal packing event on 12/1! It will be in the chorus room and will be about 2 hours long. In order to host this event I need to raise 3,500 dollars. All the money will be going towards food for malnourished people around the world. If you would like to help eradicate world hunger, please contact me @sophieroy@cvsdvt.org or check out my instagram @sophiesgradchallenge (all checks can be made to RISE Against Hunger).
- **On Thursday, 11/15, the EnACT club** is hosting an environmentally themed open mic and workshop in collaboration with Young Writers Project. The event will be held from 6-8pm at the Burlington City Arts Church Street location (135 Church St). Come and share or listen to poetry, prose, essay, visual art or a song (it can be anything!). There will also be a collaborative creators workshop. It's free and there's pizza! For more see Sophie Dauerman, Hazel Civalier, Katie Antos-Ketcham or go to <https://youngwritersproject.org/node/24751>

DIRECTION CENTER:

ATTENTION SOPHOMORES AND JUNIORS: The Direction Center will be offering a field trip to Vermont Technical College/Williston for their "TRY A MAJOR DAY" on Friday, 12/14, from 9:15am-12:45pm. Field trip permission forms are in the Direction Center. Each major offering is capped on a first-come, first-served basis. Interested students can sign up by returning their permission form to the Direction Center no later than Friday, 11/30.

Programs offered are:

Business Programs

Computer & Information Systems Programs

Dental Hygiene

Electrical Engineering Technology

Paramedicine

Professional Pilot Technology

Respiratory Therapy

Questions? Connect with your House Counselor

College Visits

Wednesday, November 14th

8:15 am Lesley University

9:00 am Maine College of Art

Friday, November 16th

8:30 am Castleton University

WORD OF THE DAY: Admonish

- 1 a : to indicate duties or obligations to
b : to express warning or disapproval to especially in a gentle, earnest, or **solicitous** manner
- 2 : to give friendly earnest advice or encouragement to
- 3 : to say (something) as advice or a warning

We won't admonish you if you don't know the origins of today's word—its current meanings have strayed slightly from its history. *Admonish* was borrowed in the 14th century (via Anglo-French *amonester*) from Vulgar Latin *admonestāre*, which itself is probably a derivative of *admonestus*, the past participle of the Latin verb *admonēre*, meaning "to warn." *Admonēre*, in turn, was formed by the combination of the prefix *ad-* and *monēre*, "to warn." Other descendants of *monēre* in English include *monitor*, *monitory* ("giving a warning"), *premonition*, and an archaic synonym of *admonish*, *monish*. Incidentally, *admonish* has a number of other synonyms as well, including *reprove*, *rebuke*, *reprimand*, *reproach*, and *chide*.

Merriam-Webster

[Archived Announcements](#)