

CVU ANNOUNCEMENTS

Friday, November 9, 2018

White Day

Birthdays: Keith Booska, Alyssa Gorton, Clara MacFaden, Joan Aube, Craig Davis

Menu: Herb roasted chicken served w/fries & slaw
Sweet potato burger served w/fries & slaw

Activities: Daniel Lyons Advisory playlist
Botany field trip 9:45-1:30 – Gitlin
G. Smith Advisory field trip W3
Junior Class Dodgeball Tournament – 3:30
Scholar's Bowl at BHS 4:00
Enact Climate Justice workshop 3:00-5:00 room 206

- **WINTER Sports “Meet the Coaches Night”** - The “Meet the Coaches Night” for all WINTER sports is Wednesday, 11/14 at 6pm in the main gym. This is a REQUIRED meeting for ALL athletes (and at least one parent) planning on trying out/playing a WINTER sport. The meeting will begin with an overview of the athletic department philosophy and protocols presented by Dan Shepardson, CVU AD, and then there will be “breakout” meetings for the individual sports. Any questions, contact Dan Shepardson: dshepardson@cvsdvt.org
- **The annual Cafe for a Cause fundraiser is upon us.** Next Tuesday, the money from everything you buy at the cafeteria will be donated to the Humane Society of Chittenden County. What could be better than eating food and saving animals at the same time! Raffle tickets are also on sale now until Tuesday. Check out the table during lunch to buy tickets to win some of the fantastic prizes, such as gift cards to local businesses, t-shirts, coffee mugs, and more. Let's make this year the best year yet!
- **Hello, my name is Sophie Roy and I am a senior at CVUHS.** For my graduation challenge I am hosting a meal packing event on December 1st! It will be in the chorus room and will be about 2 hours long. In order to host this event I need to raise 3,500 dollars. All the money will be going towards food for malnourished people around the world. If you would like to help eradicate world hunger, please contact me @ sophieroy@cvsdvt.org or check out my instagram @sophiesgradchallenge (all checks can be made to RISE Against Hunger).
- **On Thursday, 11/15, the EnACT club** is hosting an environmentally themed open mic and workshop in collaboration with Young Writers Project. The event will be held from 6-8pm at the Burlington City Arts Church Street location (135 Church St). Come and share or listen to poetry, prose, essay, visual art or a song (it can be anything!). There will also be a collaborative creators workshop. It's free and there's pizza! For more see Sophie Dauerman, Hazel Civalier, Katie Antos-Ketcham or go to <https://youngwritersproject.org/node/24751>
- **The 53rd Annual CVU Dodgeball Tournament** will be after school Friday, 11/9. To sign up your team of six check your email for the proper forms and rules and then register with a Senior Class Council Rep starting Wednesday, 10/31 during any lunch block. If you are looking for a team, put your name on a list at the registration table. If you have any questions find a Senior Class Council rep or Mark Pogact.
- **EnACT is hosting Taona Makunje Chigwenembe on Friday, 11/9** after school from 3-5pm. Taona is a visiting fellow from Malawi working at 350Vermont through November; she will lead a Climate Justice workshop that also gives us time to start to develop art pieces (poems/spoken word, music, paintings are

all options) reflecting our perspectives on climate justice and/or proposed solutions and actions. All CVU students are welcome to attend this free workshop. There will also be free food. Join us!

DIRECTION CENTER:

- **SOPHOMORES ONLY:** Hugh O'Brien Youth Leadership Program (HOBY) If you are interested in a leadership skills development opportunity, please consider applying to the Hugh O'Brien Youth Leadership Program. HOBY Vermont is an annual, four-day leadership seminar for high school sophomores. Thousands of Vermont students have attended the seminar over its 30-year history. High schools are invited to select one outstanding sophomore to attend HOBY's Leadership Seminar. If you apply to be a HOBY ambassador, you are committing to attend the 2019 Vermont HOBY Conference at Saint Michael's College the weekend of May 23-26, 2019 (Memorial Day weekend) and pledge to complete 100 hours of community service in the year following your attendance at the seminar. To learn more, see www.hoby.org. To apply to become a HOBY ambassador:
 - 1) Complete an essay of 100 words or less describing the most rewarding and challenging aspect of being a leader in your school or community.
 - 2) Bring your completed essay to Karen in the Direction Center by the end of the school day on 11/9.

College Visits Are Here! Please come on time, during a free block or with permission from your teacher. If you are going to be late, please let Karen in the Direction Center know the day before so that the college rep waits for you. All visits are 45 minutes long.

Friday, November 9

9:30 am Southern Vermont College

Wednesday, November 14th

8:15 am Lesley University

9:00 am Maine College of Art

Friday, November 16th

8:30 am Castleton University

WORD OF THE DAY: Palmary

Outstanding, best

It was the ancient Romans who first used *palmarius* to describe someone or something extraordinary. *Palmarius* literally translates as "deserving the palm." But what does that mean exactly? Was it inspired by palms of hands coming together in applause? That would be a good guess, but the direct inspiration for *palmarius* was the palm leaf given to a victor in a sports competition. That other palm—the one on the hand—is loosely related. The Romans thought the palm tree's leaves resembled an outstretched palm of the hand; they thus used their word *palma* for both meanings, just as we do with *palm* in English. Now, when we award a noun with the modifier *palmary*, it signifies that thing as the choicest among possible examples.

Merriam-Webster

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