

**CVU ANNOUNCEMENTS**  
**Friday, September 28, 2018**  
**White Day**

**Birthdays:** Oliver Halberg, Benjamin Herskowitz, Heather MacDonald

**Menu:** Meatball Banh Mi served w/fresh pineapple  
Tofu Banh Mi served w/fresh pineapple

**Activities:** V&JV Field Hockey v Mt. Abe at CVU 4:00/5:30  
Boys V&JV Soccer v SBHS at CVU 4:30  
Boys Volleyball at SBHS 4:30 dismiss 2:45  
JVB Field Hockey at Montpelier 6:00

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**SPIRIT WEEK – OCTOBER 1-6**

Monday, 10/1	Denim Day
Tuesday, 10/2	Sports Jersey Day
Wednesday, 10/3	USA Day
Thursday, 10/4	Camo "Vermont" Day
Friday, 10/5	Red Out
Friday - Rally in the Valley	Gym 6:00-7:00
Spirit Dance	Café 7:00-10:00 (\$5.00)
Saturday Spirit Day – Games:	
10:00	Cross Country at Thetford Academy
11:00	Girls JVB Soccer at St. Johnsbury
1:30	Girls JV Volleyball v Randolph at CVU
1:30	JV Field Hockey v SBHS at CVU
3:00	V Field Hockey V SBHS at CVU
3:00	Girls V Volleyball v Randolph at CVU
3:00	V Football v North Country at CVU
4:30	Boys V Volleyball v BHS at CVU
4:30	Boys V Soccer v Mt. Anthony at CVU
4:30	Girls V Soccer v Mt. Anthony at CVU
6:00	Boys JV Volleyball v BHS at CVU

- **New Club! Bring Change to Mind: Let's talk mental health** - New this year...*Bring Change to Mind: Let's talk mental health* - A club that gives students the chance to share their voices and raise awareness around mental health. The goal is to educate each other and our communities, and create a culture of peer support within our school around mental health. Together, we'll fight the stigma around mental health! Interested in being a part of this club? Join us on **Thursday mornings at 7:40am in room 238.**
- **There will not be a breakfast cart** in 4 corners Friday, 9/28, Monday 10/1 or Tuesday 10/2
- **Have Fun and Help Change Lives** - The Special Olympics Vermont Fall Games is coming to CVU on 10/20 & 21 and is looking for volunteers. This exciting event brings over 400 Vermont athletes to compete in golf, soccer, softball and track and field. Most positions require no experience only a willingness to cheer on the athletes. Sign up today at [specialolympicsvermont.org](http://specialolympicsvermont.org).
- **BOYS Hockey:** There will be a mandatory info meeting for all players planning to try out this year on Tuesday, 10/2 in room 106 (Snelling) from 3-320pm.

- **If you would like to find out what CVU's Environmental Action Club (EnACT) is up to, please join us at our meetings on Wednesdays at 7:45 in room 206 (Fairbanks core). All students grade 9-12 are welcome to join. Hope to see you there!**

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## **DIRECTION CENTER:**

College Visits Are Here! Please come on time, during a free block or with permission from your teacher. If you are going to be late, please let Karen in the Direction Center know the day before so that the college rep waits for you. All visits are 45 minutes long.

### **Friday, 9/28**

12:30pm University of Oregon

1:15pm Northern Vermont University - both campuses

### **Monday, 10/1**

9:30 Vermont Technical College

10:15 New York University

11:00 Rhode Island School of Design

12:00 University of Chicago

1:00 Franklin University Switzerland

### **Friday, 10/5**

10:00 Hampshire College

11:00 Colgate University

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## **WORD OF THE DAY: Orotund**

1. Marked by fullness, strength and clarity of sound: sonorous
2. Excessively elevated or inflated: pompous, bombastic

The Latin roots of *orotund* are related to two more common English words—*oral* and *rotund*. Latin *or-* means "mouth," and *rotundus* means "round" or "circular." The Roman poet Horace joined forms of those Latin terms to create the phrase *ore rotundo*, literally meaning "with round mouth," and figuratively meaning "with well-turned speech." *Ore rotundo* was modified to *orotund* and adopted into English in the late 18th century. It can indicate either strength of delivery or inflated wording.

Merriam-Webster

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