

# CVU ANNOUNCEMENTS

## Monday, February 11, 2019

### Red Day

**Birthdays:** Cecilia Barringer, Lucy Barringer, Gareth Campbell, Abigail Harkness, Mia Lewis, Joseph Niquette, Mackenzie Dowling

**Menu:** Sesame honey tempeh quinoa bowl  
Jumbo cheese pizza bagels, spinach salad & honey mustard

**Activities:** Advisory/Flex – PLP Work – Initial Conversations  
Alpine Ski at Mt. Ellen 10:00 depart 6:45  
Boys Hockey v Rutland at Cairns Arena 4:00  
Girls Hockey v North Country/Lyndon at Jay Peak Ice Haus Arena 4:00 dismiss 12:30  
Girls V&JV Basketball at Spaulding 5:30/7:00

---

#### NEWS:

- **Food impacts more than your health.** It impacts the environment, animals and people. What you eat, where it comes from, and how it was produced contributes to your FoodPrint -- think of it like a carbon footprint, but for food. We here at EnACT want you to try going completely vegetarian, just for one meal a week. We have developed a meatless Monday pledge for you to sign, if you are interested. See your adviser or head to the library to get a pledge. Want to hear more? Join us at EnACT at 7:45 on Wednesdays in room 206.
- **The Dorothy Alling Memorial Library** will host a Substance Abuse Prevention book discussion on Monday, 2/11 from 6-7:30 pm (snow date 2/13). The discussion focuses on two different memoirs, by a father and his son, each recounting the harrowing impact of drug addiction. Choose between *Beautiful Boy* by David Sheff and *Tweak* by Nic Sheff, or read both. Tim Trevithick, CVU SAP Counselor, will facilitate the event. Books are available for pick up at the Dorothy Alling Library. Pizza provided. Recommended for ages 16-Adult. Hosted by Dorothy Alling Memorial Library and ParentIn CVSD.

---

#### DIRECTION CENTER:

- Attention All Students: The Med Mentors at the UVM Larner College of Medicine wish to extend an invitation to their Health Career Exploration Day on Saturday, 3/16 from 8:30am to 3:30pm for students wishing to learn more about the healthcare field as a whole. The event would involve breakfast and registration, rotating through various stations where students will participate in activities and learning, lunch, and activities in the pathology lab, ultrasound lab, and standardized patient rooms. If you are interested in attending, please RSVP [Phuong.Tran@med.uvm.edu](mailto:Phuong.Tran@med.uvm.edu) by Friday, 3/1.

---

#### WORD OF THE DAY: WISEACRE

One who pretends to knowledge or cleverness; especially: smart aleck

Given the spelling and definition of *wiseacre*, you might guess that the word derives from the sense of *wise* meaning "[insolent](#)" or "fresh"—the sense that also gives us *wise guy*, *wisecrack*, and *wisenheimer*. But, in fact, *wiseacre* came to English by a different route: it is derived from the Middle Dutch *wijssegger*, meaning "soothsayer." *Wiseacre* first appeared in English way back in the 16th century, while the "insolent" sense of *wise* and the words formed from it are products of the 19th century. The etymologies of *wiseacre* and *wise* are not completely distinct, however; the ancestors of *wiseacre* are loosely tied to the same Old English root that gave us *wise*.

Merriam Webster