

CVU ANNOUNCEMENTS

Friday, February 8, 2019

White Day

Birthdays: Andrew Baker, Riley Bates, William Colquhoun, Nora Engisch

Menu: Corn beef reuben served on rye bread
Vegetarian reuben served on rye bread

Activities: Black History Month Playlist
District Choral Festival – all day
Boys JVB basketball v Rice at CVU 4:00
Boys V&JV basketball v Rice at CVU 5:30/7:00

NEWS:

- **Food impacts more than your health.** It impacts the environment, animals and people. What you eat, where it comes from, and how it was produced contributes to your FoodPrint -- think of it like a carbon footprint, but for food. We here at EnACT want you to try going completely vegetarian, just for one meal a week. We have developed a meatless Monday pledge for you to sign, if you are interested. See your adviser or head to the library to get a pledge. Want to hear more? Join us at EnACT at 7:45 on Wednesdays in room 206.
- **The University of Vermont Girls Who Code Club** is starting up again on Saturdays, from 10am to 12pm at the Votey Building #205 (33 Colchester Ave). Girls Who Code is a free program for 6th to 12th grade girls to explore coding in a fun and friendly way.
- **WINTER BALL** – Has been rescheduled to Saturday, 2/16 at the Hilton Burlington. Tickets are available in your House Office. If that date no longer works for you, you can get a refund in your House Office.
- **The Dorothy Alling Memorial Library** will host a Substance Abuse Prevention book discussion on Monday, 2/11 from 6-7:30 pm (snow date 2/13). The discussion focuses on two different memoirs, by a father and his son, each recounting the harrowing impact of drug addiction. Choose between *Beautiful Boy* by David Sheff and *Tweak* by Nic Sheff, or read both. Tim Trevithick, CVU SAP Counselor, will facilitate the event. Books are available for pick up at the Dorothy Alling Library. Pizza provided. Recommended for ages 16-Adult. Hosted by Dorothy Alling Memorial Library and ParentIn CVSD.

DIRECTION CENTER:

- Attention All Students: The Med Mentors at the UVM Larner College of Medicine wish to extend an invitation to their Health Career Exploration Day on Saturday, 3/16 from 8:30am to 3:30pm for students wishing to learn more about the healthcare field as a whole. The event would involve breakfast and registration, rotating through various stations where students will participate in activities and learning, lunch, and activities in the pathology lab, ultrasound lab, and standardized patient rooms. If you are interested in attending, please RSVP Phuong.Tran@med.uvm.edu by Friday, 3/1.

WORD OF THE DAY: Abstruse

[Archived Announcements](#)

Difficult to comprehend: recondite

Look closely at the following Latin verbs, all of which are derived from the verb *trudere* ("to push, thrust"): *extrudere*, *intrudere*, *obtrudere*, *protrudere*. Remove the last two letters of each of these and you get an English descendant whose meaning involves pushing or thrusting.

Another *trudere* offspring, *abstrudere*, meaning "to push away" or "to conceal," gave English *abstrude*, meaning "to thrust away," but that 17th-century borrowing has fallen out of use.

An *abstrudere* descendant that has survived is *abstruse*, an adjective that recalls the meaning of its Latin parent *abstrūsus*, meaning "concealed."

Merriam Webster